



Coaches / Referees Notes WUKF British Open 2026

General

Competitors might be called to more than 1 area at the same time. To not slow up the day please work around this with the competitors you have available.

Kata

- Teams / Pairs, two rounds – All ages
- All Children / Veterans will have two rounds
- Cadets / Junior / Senior will have two rounds
- Only European tour may have 3 rounds – Full WUKF Rules
- **Children's Kata (6 - 12 years)**
 - **Pairs & Teams**
 - 10yrs & Under
 - 1st round = Shitei katas only
 - 2nd round = Shitei katas only. **CAN** repeat
 - 11 – 12 Years
 - 1st round = Shitei katas only
 - 2nd round = Shitei katas only. **NO** repeat
 - **Individuals**
 - 4th Kyu & Below
 - 1st round = Shitei kata only
 - 2nd round = Shitei or Sentei katas. **CAN** repeat
 - 3rd Kyu & Above
 - 1st round = Shitei or Sentei kata.
 - 2nd round = Shitei or Sentei katas. **NO** repeat
- **13yrs+ Kata**
 - As per normal WUKF Rules – 2 Rounds with exception of WUKF European Tour

Kumite

- All categories follow normal WUKF Rules
- Match Times
 - **Individuals & Teams**
 - Nihon – 1min 30s
 - Ippon – 2min running clock
 - Mini Cadets / Cadets & Veterans – 2mins
 - Juniors & Seniors – 3mins
 - **Rotation**
 - Nihon – 3mins
 - Ippon – 4mins
 - Sanbon – 4mins
- Ippon Kumite
 - Ippon mitts are not compulsory, Sanbon mitts are acceptable
 - Gum shields are compulsory